

FRIDAY Hotsheet

Your Weekly Dose of What's Hot In The Beauty & Business Industry!



Welcome To The Friday Hotsheet!

Welcome to the Friday Hotsheet where we talk about the latest news in the beauty, and business industry!

Every Friday you will get this hotsheet delivered to your email inbox where we will talk about makeup tips, hair hacks, and whats hot in the beauty and business industry!

Why You Should Not Wear A Hair Tie Around Your Wrist

Lots of women keep hair ties around there wrist at arms reach but one women says that her hair tie sent her to the hospital.

Audree Kopp kept a hair tie around her wrist for convenience until she noticed a bump on her wrist. She thought it was a spider bite, but as it got worse she ended up in the hospital with a life threatening infection. She arrived at the hospital and doctors, according to the article from KFOR.com, say she had to have emergency surgery. In her words " Thank God I caught it in time or I could have had sepsis." Be very careful as we are all guilty of this! You can [read the full article here.](#)

DIY Dry Skin Serum!

This Friday we are going to teach you how to make your own skin serum! Ingredients:

- * 3 tbsp of olive oil
 - * 4-5 drops of any essential oil of your choice
 - * Small bottle to store your serum in.
1. Pour 3 TBSP of olive oil into your small bottle
 2. Add 4-5 drops of essential oil in your bottle

3. Give it a shake...Then, put 4-5 drops in the palm of your hand and apply to your dry skin.

This dry skin serum is geat for the winter months because your skin can get extra dry in the cold crisp air. We hope you and your skin enjoy this serum!

Lace Wig Training System (Legacy)



The very system that has been responsible for training people from over 55 countries world wide makes a digital come back! Since the physical version had been sold out we have had countless inquiries about when its coming back so instead of completely letting go, we decided to not let this valuable content go to waste! It's still very relevant and extremely valuable.

We uploaded the footage, all booklets and handouts and put it on the Million Dollar Stylist® website to sell digitally. You [can check it out here.](#)

The brand new system will still be updated and filmed with new informaton, so don't worry if you already have it, you're probably going to want both considering the amount of content that will be added. We're very excited about this and will be launching the BraidsByBreslin.com Legacy DVDs next.