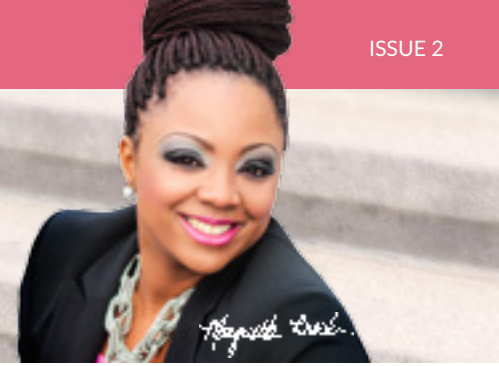


# FRIDAY Hotsheet

Your Weekly Dose of What's Hot In The Beauty & Business Industry!



## 8 Year Old's Boosted Self Esteem Ends Her In The Principles Office

Eight year old Makiyah-Jae was forced to change her shirt that read "Black Girls Rock".

Sharika Jolly, Makiyah-Jae's mom encouraged her to wear the shirt after hearing from Makiyah-Jae that she would like to have her hair straightened and colored blonde.

According to the article that you can read in full [here](#), the school district superintendent Author McMillan was quoted by news station WLOX saying "We probably overreached in this situation, but we make many decisions every day." He went on to say, "Sometimes with decisions we make even as parents, we go back and look and think I wish I'd made that decision different. I think that's the situation here. If he could make that decision again, he'd probably say 'Hey, you know that's not a big deal,' but you're always guarding against how do we not offend anybody."

## Why My Mom Still Owns A Coloring Book & Crayons

For years we've joked about how my Mom always has a coloring book and crayons, especially when she goes to chemotherapy. My Grandmother would do the same thing. She always had a coloring book & crayons around.

I didn't realize until I was an adult that it was actually therapeutic for her. [Here's an article](#) I just ran across that you can read here that talks about how coloring can help you de-stress. As business professionals sometimes life can raise your stress level. Go grab a coloring book and start coloring!

## Essence.com Launches New Beauty Box

OMG Essence.com has a beauty box! I love the idea of

having a beauty box filled with products for women of color! Have you joined?

[Check it out here](#) to get all of the deets!

## 5 Curl Wands In One

I fell in love with curl wands years ago when I was behind the chair at the salon. When I'm not too lazy I'll break one out when I want to look extra cute!



I was super excited when I found out that Hairmisses has launched a 5 in 1 curler. No more rummaging through different size irons to get that perfect size. You can get 5 sizes in one! Check it out [here](#).

## SLupita Nyong'o Makes A Second Vouge Cover!

Our favorite natural hair beauty makes her second Vogue Magazine cover and I couldn't be happier!

The former Yale student won her first Oscar in 2014! That's a moment we will never forget! She's drop dead gorgeous and embraces her natural beauty like a true queen. Check out the article [here](#).